**SUNDAY: 22nd**

**Breakfast-** Pancakes & Turkey Bacon

**Snack-** [Peppermint Mocha Shakeology](https://www.teambeachbody.com/shop/us/d/SHKPeppermint?referringRepId=506340)

**Lunch-** [Chinese Chicken Salad](https://whatsworkinghere.com/healthy-quick-chinese-chicken-salad/)

**Snack-** apple & sun butter

**Dinner-** Chili

**MONDAY: 23rd – Cookie Making**

**Breakfast-** [Peppermint Mocha Shakeology](https://www.teambeachbody.com/shop/us/d/SHKPeppermint?referringRepId=506340)

**Snack-** apple cinnamon oatmeal

**Lunch-** Chili

**Snack-** [Peaches & Pecans](https://whatsworkinghere.com/healthy_fruit__nut_snack_recipes/) ,cookies

**Dinner-** [Tilapia tostadas](https://www.oldhousetonewhome.net/grilled-fish-tostadas-21-day-fix-recipe/)

**TUESDAY: 24th – Christmas Eve**

**Breakfast-** [Peppermint Mocha Shakeology](https://www.teambeachbody.com/shop/us/d/SHKPeppermint?referringRepId=506340)

**Snack-** Apple Cinnamon Oatmeal

**Lunch-** [Tilapia tostadas](https://www.oldhousetonewhome.net/grilled-fish-tostadas-21-day-fix-recipe/)

**Snack-** apple & sun butter

**Dinner-** Christmas Eve Party

**WEDNESDAY: 25th – Christmas Day**

**Breakfast-** Cinnamon Rolls, lil smokies, mimosas

**Snack-** [Peppermint Mocha Shakeology](https://www.teambeachbody.com/shop/us/d/SHKPeppermint?referringRepId=506340)

**Lunch-** [Minestrone Soup](https://www.bhg.com/recipe/chicken/slow-cooked-minestrone/)

**Snack-** sausage, cheese, crackers, shrimp, fondue (strawberries, marshmallows, pound cake)

**Dinner-** Italian Christmas

**THURSDAY: 26th**

**Breakfast-** Pancakes & turkey bacon

**Snack-** [Peppermint Mocha Shakeology](https://www.teambeachbody.com/shop/us/d/SHKPeppermint?referringRepId=506340)

**Lunch-** [Minestrone Soup](https://www.bhg.com/recipe/chicken/slow-cooked-minestrone/)

**Snack-** apple & sun butter

**Dinner**- Leftovers

**FRIDAY: 27th – Collins Family Visit**

**Breakfast-** [Peppermint Mocha Shakeology](https://www.teambeachbody.com/shop/us/d/SHKPeppermint?referringRepId=506340)

**Snack-** apple cinnamon oatmeal

**Lunch-** [Bagel Sandwich](https://whatsworkinghere.com/healthy-bagel-sandwich/)

**Snack-** Chips, Carrots & guacamole

**Dinner-** Out

**SATURDAY: 28th – Collins Family/ Nutcracker**

**Breakfast-** Breakfast Casserole

**Snack-** [Peppermint Mocha Shakeology](https://www.teambeachbody.com/shop/us/d/SHKPeppermint?referringRepId=506340)

**Lunch-** Sandwich Platter, Chips, Fruit

**Snack-** Popcorn

**Dinner-** Out