**SUNDAY: 25th**

**Breakfast-** Strawberry[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58), ½ banana, pb

**Snack-** [Carrots & Protein Packed Ranch Dip](https://whatsworkinghere.com/80-day-obsession-plan-a-meal-2-recipes/), apples

**Lunch-** Out

**Snack-** [Ham & Spinach Pasta](https://whatsworkinghere.com/80-day-obsession-snack-recipes/)

**Dinner-** [Maple Glazed Salmon](https://www.pinterest.com/pin/43628690121017782/), New Potatoes, Broccoli

**MONDAY: 26th**

**Breakfast-** Strawberry[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58), ½ banana, coconut oil

**Snack-** Cucumber, hummus, grapes

**Lunch-** [Maple Glazed Salmon](https://www.pinterest.com/pin/43628690121017782/), New Potatoes, Broccoli

**Snack-** [Spinach Egg Wrap](https://whatsworkinghere.com/80-day-obsession-snack-recipes/)

**Dinner-** [Chicken Fajitas (BodyBeast)](https://whatsworkinghere.com/favorite-healthy-recipes/)

**TUESDAY: 27th**

**Breakfast-** Strawberry[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58), ½ banana, pb

**Snack-** [Carrots & Protein Packed Ranch Dip](https://whatsworkinghere.com/80-day-obsession-plan-a-meal-2-recipes/), apples

**Lunch-** [Chicken Fajitas (BodyBeast)](https://whatsworkinghere.com/favorite-healthy-recipes/)

**Snack-** [Ham & Spinach Pasta](https://whatsworkinghere.com/80-day-obsession-snack-recipes/)

**Dinner-** [Aztec Casserole](https://whatsworkinghere.com/favorite-healthy-recipes/)

**WEDNESDAY: 28th**

**Breakfast-** Strawberry[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58), ½ banana, pb

**Snack-** Cucumber, hummus, grapes

**Lunch–** [Aztec Casserole](https://whatsworkinghere.com/favorite-healthy-recipes/)

**Snack-** [Spinach Egg Wrap](https://whatsworkinghere.com/80-day-obsession-snack-recipes/)

**Dinner-** [Key West Shrimp Bowls](https://www.pinterest.com/pin/43628690122614120/)

**THURSDAY: 29th – Soccer Practice**

**Breakfast-** Strawberry[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58), ½ banana, pb

**Snack-** [Carrots & Protein Packed Ranch Dip](https://whatsworkinghere.com/80-day-obsession-plan-a-meal-2-recipes/), apples

**Lunch-** [Key West Shrimp Bowls](https://www.pinterest.com/pin/43628690122614120/)

**Snack-** [Ham & Spinach Pasta](https://whatsworkinghere.com/80-day-obsession-snack-recipes/)

**Dinner**- [Slow Cooked Minestrone](https://www.pinterest.com/pin/43628690123428384/)

**FRIDAY: 30th**

**Breakfast-** Strawberry[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58), ½ banana, pb

**Snack-** Cucumber, hummus, grapes

**Lunch-** [Slow Cooked Minestrone](https://www.pinterest.com/pin/43628690123428384/)

**Snack-** [Spinach Egg Wrap](https://whatsworkinghere.com/80-day-obsession-snack-recipes/)

**Dinner-** out

**SATURDAY: 31st**

**Breakfast-** Strawberry[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58), ½ banana, pb

**Snack-** [Spinach Egg Wrap](https://whatsworkinghere.com/80-day-obsession-snack-recipes/)

**Lunch-** [Ham & Spinach Pasta](https://whatsworkinghere.com/80-day-obsession-snack-recipes/)

**Snack-** [Carrots & Protein Packed Ranch Dip](https://whatsworkinghere.com/80-day-obsession-plan-a-meal-2-recipes/), apples

**Dinner-** out