**SUNDAY: 15th - Kansas**

**Breakfast-** Chocolate[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) w/ PB & Banana

**Snack-** yogurt & granola

**Lunch-** out

**Snack-** popcorn

**Dinner-** Out

**MONDAY: 16th**

**Breakfast-** Greenberry[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) w/ V8 Energy

**Snack-** popcorn & string cheese

**Lunch-** sushi & salad

**Snack-** trail mix

**Dinner-** Chick-fil-a

**TUESDAY: 17th**

**Breakfast-** Café Latte[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58)

**Snack-** yogurt & granola

**Lunch-** salad

**Snack-** popcorn & string cheese

**Dinner-** Black & white bean chili, fruit

**WEDNESDAY: 18th – Early Release**

**Breakfast-** Vanilla[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) w/ V8 Energy

**Snack-** apple & peanut butter

**Lunch–** Black & white bean chili, fruit

**Snack-** grapes & string cheese

**Dinner-** Chicken Ranch Wrap, carrots

**THURSDAY: 19th – In the office / Baseball Game**

**Breakfast-** Chocolate[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) w/ PB & Banana

**Snack-** apple & peanut butter

**Lunch-** out

**Snack-** popcorn & string cheese

**Dinner**- leftovers

**FRIDAY: 20th – Field Day**

**Breakfast-** Greenberry[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) w/ V8 Energy

**Snack-** apple & peanut butter

**Lunch-** Chicken Ranch Wrap, carrots

**Snack-** almonds

**Dinner-** Chinese Chicken Salad

**SATURDAY: 21st – Bridal Shower/ Bachelorette Party**

**Breakfast-** Fruit & Yogurt Parfaits

**Snack-** almonds

**Lunch-** Brunch

**Snack-** party snacks

**Dinner-** out