**SUNDAY: 17th**

**Breakfast-** eggs, toast & fruit

**Snack-** Chocolate[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) w/ PB & Banana

**Lunch-** out

**Snack-** almonds

**Dinner-** [Italian meatloaf](http://whatsworkinghere.com/wp-content/uploads/2015/09/Italian-meatloaf-recipe1.png), potato, salad w/mozzarella

**MONDAY: 18th – No School**

**Breakfast-** Greenberry[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) w/ V8 Energy

**Snack-** yogurt & grapes

**Lunch-** [Italian meatloaf,](http://whatsworkinghere.com/wp-content/uploads/2015/09/Italian-meatloaf-recipe1.png) potato, salad w/mozzarella

**Snack-** almonds

**Dinner-** [Aztec casserole](http://whatsworkinghere.com/wp-content/uploads/2015/09/Aztec-Casserole-recipe.jpg), salad, watermelon

**TUESDAY: 19th**

**Breakfast-** Chocolate[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) w/ PB & Banana

**Snack-** yogurt & grapes, slivered almonds & granola

**Lunch-** [Aztec casserole](http://whatsworkinghere.com/wp-content/uploads/2015/09/Aztec-Casserole-recipe.jpg), salad, watermelon

**Snack-** apple & peanut butter

**Dinner-** [Turkey Taco Lettuce Wraps](https://www.pinterest.com/pin/43628690117663682/)

**WEDNESDAY: 20th**

**Breakfast-** Vanilla[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) w/ Coffee

**Snack-** pbj & fruit

**Lunch–** [Turkey Taco Lettuce Wraps](https://www.pinterest.com/pin/43628690117663682/)

**Snack-** yogurt,almonds & berries

**Dinner-** [Lasagna Soup](https://www.pinterest.com/pin/43628690118693490/) w/spinach, salad

**THURSDAY: 21st**

**Breakfast-** Chocolate[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) w/ PB & Banana

**Snack-** yogurt & grapes

**Lunch-** [Lasagna Soup](https://www.pinterest.com/pin/43628690118693490/) w/spinach

**Snack-** almonds

**Dinner**- [Chicken Lo mein](https://www.pinterest.com/pin/43628690116307662/), fruit

**FRIDAY: 22nd**

**Breakfast-** Greenberry[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) w/ V8 Energy

**Snack-** apple & peanut butter

**Lunch-** [Chicken Lo mein](https://www.pinterest.com/pin/43628690116307662/), fruit

**Snack-** yogurt & grapes

**Dinner-** leftovers

**SATURDAY: 23rd**

**Breakfast-** Chocolate[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) w/ PB & Banana

**Snack-** yogurt & grapes

**Lunch-** tuna sandwich on toast

**Snack-** hummus & carrots

**Dinner-** out