**SUNDAY: 24th**

**Breakfast-** Vanilla[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58)

**Snack-** apples & nutella

**Lunch-** out

**Snack-** popcorn & string cheese

**Dinner-** Spaghetti & meat sauce, garlic bread

**MONDAY: 25th –Baseball Practice**

**Breakfast-** Strawberry[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) /Donuts

**Snack-** yogurt & grapes

**Lunch-** Spaghetti & meatsauce, garlic bread

**Snack-** hummus & carrots

**Dinner-** [Chicken Crock Pot Tacos](https://www.pinterest.com/pin/43628690123428448/)

**TUESDAY: 26th – Baseball Game**

**Breakfast-** Vanilla[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) / Toaster Strudel

**Snack-** yogurt & granola

**Lunch-** [Chicken Crock Pot Tacos](https://www.pinterest.com/pin/43628690123428448/)

**Snack-** carrots & hummus

**Dinner-** [Key West Shrimp](https://www.pinterest.com/pin/43628690122614120/)

**WEDNESDAY: 27th**

**Breakfast-** Chocolate[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) / Waffles

**Snack-** apple & peanut butter

**Lunch–**[Key West Shrimp](https://www.pinterest.com/pin/43628690122614120/)

**Snack-** edamame

**Dinner-** leftovers

**THURSDAY: 28th  – Soccer Practice / Baseball Game /Lake Trip**

**Breakfast-** Strawberry[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) / Breakfast Sandwich

**Snack-** peach w/honey & slivered almonds

**Lunch-** out

**Snack-** pita chips & hummus

**Dinner**- Dinner at the Ballpark

**FRIDAY: 29th – Lake Trip**

**Breakfast-** Chocolate[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) / Cereal

**Snack-** granola & yogurt

**Lunch-** Salad

**Snack-** popcorn

**Dinner-** out

**SATURDAY: 30th – Soccer Game /Concert / Lake Trip**

**Breakfast-** pancakes & bacon

**Snack-** yogurt & granola

**Lunch-** sandwich & fruit

**Snack-** carrots & hummus

**Dinner-** out