**SUNDAY: 2nd**

**Breakfast-** Cinnamon Rolls, Sausage

**Snack-** yogurt & granola

**Lunch-** sandwich & fruit

**Snack-** carrots & hummus

**Dinner-** Crispy Catfish & Creamy Lemon Caper Sauce with Broccoli and Farro Salad (Blue Apron)

**MONDAY: 3rd – Soccer Practice**

**Breakfast-** Strawberry[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) w/coconut oil

**Snack-** yogurt & grapes

**Lunch-** Crispy Catfish & Creamy Lemon Caper Sauce with Broccoli and Farro Salad (Blue Apron)

**Snack-** apple, almonds

**Dinner-** Chicken Lo Mein (Blue Apron)

**TUESDAY: 4th – Baseball Game**

**Breakfast-** Chocolate[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58)

**Snack-** yogurt & grapes

**Lunch-** Chicken Lo Mein (Blue Apron)

**Snack-** blueberries & almonds

**Dinner-** Hamburger & Watermelon

**WEDNESDAY: 5th – Soccer Pictures & Practice**

**Breakfast-** Greenberry[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58)

**Snack-** watermelon & yogurt

**Lunch–** Hamburger & Watermelon

**Snack-** carrots & hummus

**Dinner-** Stuffed Peppers

**THURSDAY: 6th – Atlanta**

**Breakfast-** Chocolate[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58)

**Snack-** trail mix

**Lunch-** out

**Snack-** chocolate covered almonds

**Dinner**- Leftovers

**FRIDAY: 7th**

**Breakfast-** Strawberry[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) w/ coconut oil

**Snack-** yogurt & fruit

**Lunch-** Salad

**Snack-** popcorn & string cheese

**Dinner-** out

**SATURDAY: 8th – Soccer Game**

**Breakfast-** Greenberry[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58)

**Snack-** yogurt & grapes

**Lunch-** sandwich & fruit

**Snack-** hummus & carrots

**Dinner-** out