**SUNDAY: 3rd – Pool Party**

**Breakfast-** Greenberry[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) w/ V8 Energy

**Snack-** fruit & yogurt

**Lunch-** sandwich & fruit

**Snack-** chips & dip

**Dinner-** Hot Dogs, Hamburgers, Watermelon

**MONDAY: 4th – 4th of July**

**Breakfast-** Strawberry[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) w/ V8 Energy

**Snack-** apple & peanut butter

**Lunch-** leftovers

**Snack-** fruit & string cheese

**Dinner-** Party- [Cowboy caviar](https://www.pinterest.com/whtsworkinghere/food/) & chips, lemon squares

**TUESDAY: 5th**

**Breakfast-** Chocolate[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) w/PB & Banana

**Snack-** yogurt & granola

**Lunch-** sandwich & fruit

**Snack-** almonds

**Dinner-** Chicken Pesto Pasta, salad

**WEDNESDAY: 6th**

**Breakfast-** Vanilla[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) w/ V8 Energy

**Snack-** strawberries, yogurt & granola

**Lunch–** Chicken Pesto Pasta, salad

**Snack-** popcorn & string cheese

**Dinner-** [Aztec Casserole](http://whatsworkinghere.com/favorite-healthy-recipes/)

**THURSDAY: 7th - Bunco**

**Breakfast-** Chocolate[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) w/ PB & Banana

**Snack-** watermelon, string cheese

**Lunch-** [Aztec Casserole](http://whatsworkinghere.com/favorite-healthy-recipes/)

**Snack-** carrots & hummus

**Dinner**- [Monte Cristo Sliders](https://www.pinterest.com/pin/43628690119488900/)

**FRIDAY: 8th**

**Breakfast-** Greenberry[Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) w/ V8 Energy

**Snack-** watermelon & string cheese

**Lunch-** sandwich & fruit

**Snack-** edamame

**Dinner-** out

**SATURDAY: 9th**

**Breakfast-** Blueberry Muffins & turkey sausage

**Snack-** yogurt & almonds

**Lunch-** sandwich & fruit

**Snack-** apple & peanut butter

**Dinner-** out