**SUNDAY: 26th**

**Breakfast-** cherry limeade sweet rolls & turkey sausage

**Snack-** fruit & yogurt

**Lunch-** out

**Snack-** frozen fruit bar

**Dinner-** Hamburgers, Hot Dogs, Beans, Watermelon

**MONDAY: 27th**

**Breakfast-** Chocolate [Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) w/ Peanut Butter & Banana

**Snack-** strawberries, grapes & yogurt

**Lunch-** Leftovers

**Snack-** carrots & hummus

**Dinner-** Fish Tostadas

**TUESDAY: 28th**

**Breakfast-** Greenberry [Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) w/ V8 Energy

**Snack-** orange & cheese

**Lunch-** Fish Tostadas

**Snack-** yogurt & berries

**Dinner-** Spaghetti Squash w/ ground turkey & salad

**WEDNESDAY: 29th**

**Breakfast-** Chocolate [Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) w/ Peanut Butter & Banana

**Snack-** berries & yogurt

**Lunch–** Spaghetti Squash w/ ground turkey & salad

**Snack-** carrots & hummus

**Dinner-** Chef Salad

**THURSDAY: 30th**

**Breakfast-** Greenberry [Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) w/ V8 Energy

**Snack-** apple & peanut butter

**Lunch-** Chef Salad

**Snack-** yogurt & almonds

**Dinner**- breakfast for dinner

**FRIDAY: 31st**

**Breakfast-** [Shakeology](http://www.shakeology.com/en_US/?sn=lthompson58) w/ Peanut Butter & Banana

**Snack-** orange & cheese

**Lunch-** sandwich & fruit

**Snack-** carrots & hummus

**Dinner-** Tin Roof

**SATURDAY: 1st**

**Breakfast-** waffles w/strawberries & whip cream, bacon

**Snack-** grapes/strawberries & yogurt

**Lunch-** Hamburgers, Hot Dogs, Beans, Chips, Watermelon

**Snack-** popsicle

**Dinner-** leftovers/out